

# Celebrating NATIVE AMERICAN HERITAGE MONTH

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## THE OFFICE RECAP | REWIND

The Office of Diversity, Inclusion, & Equity in collaboration with Staff Council's Diversity Committee, Human Resources, and the Health Clinic hosted the Employee Self Care & Stress Management virtual session on Friday, November 20th at 10:00am on Microsoft Teams in support of MGA's focus on creating a culture of care by strengthening diversity, inclusion, and equity. By offering this session, we wanted everyone to know that everyone matters! Your wellness, your energy, your mental state, and your overall health matter! You can't take care of everyone else if you don't take care of yourself first! It is this type of common experience that we all share that works to strengthen inclusivity across our campus community.

A special thank you to Ms. Eric Crider, HR Manager and Ms. Autumn Lucas, Health Clinic Director for their time, energy, and passion for this topic. Please stay tuned for more "Creating a Culture of Care" sessions from the Office of Diversity, Inclusion, & Equity!

A collaboration among  
MGA's Staff Council Diversity Committee,  
Health Clinic, Human Resources, and the  
Office of Diversity, Inclusion, & Equity

## **Employee Self Care & Stress Management**

Well-Being Tips & Resources with  
Erin Crider, HR Manager  
Autumn Lucas, MSN, FNP

Friday, November 20, 2020  
10am-11am  
Microsoft Teams




# MGA Title IX Compliance



Campus-wide Title IX training has started for AY 2020-21! Due to many glitches in receiving the course emails, the deadline will be flexible for those who received their course emails later than the initial launch date.

For more information, email [titleix@mga.edu](mailto:titleix@mga.edu).

**Celebrating**  
**NATIVE**  
**AMERICAN**  
**HERITAGE MONTH**  
**November 2020**

The Library of Congress, National Archives and Records Administration, National Endowment for the Humanities, National Gallery of Art, National Park Service, Smithsonian Institution and United States Holocaust Memorial Museum join in paying tribute to the rich ancestry and traditions of Native Americans.



Explore a robust VIRTUAL collection of webinars, exhibits, history, and videos honoring Native American Heritage!

[nativeamericanheritagemonth.gov](http://nativeamericanheritagemonth.gov)

*From the Office of Diversity, Inclusion, & Equity*



## E-LEARNING CORNER

Stay tuned for what's coming in Spring 2021!

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