

COVID-19 GUIDANCE

Do you have the symptoms of COVID-19? They include:

- Fever and/or chills
- Cough
- Shortness of breath and/or difficulty breathing
- Muscle and/or body aches
- Headache
- New loss of taste and/or smell
- Sore throat
- Congestion and/or runny nose
- Nausea and/or vomiting
- Diarrhea
- Fatigue

YES

Follow [CDC Guidelines](#)

1. Submit the [MGA Self Report Online Form](#)
2. Stay at home
3. Separate yourself from others
4. Monitor your symptoms and seek emergency medical attention if your symptoms are severe
5. Call ahead to your doctor or [seek COVID-19 testing locally](#)

NO

Have you had known **CLOSE*** contact with a lab-confirmed COVID-19 positive individual?

YES

Complete the [MGA Self Report Online Form](#) **AND** [Get a COVID-19 test](#) (wait 10 days after exposure) **AND** quarantine for 14 days **AND** watch for symptoms

NO

Continue practicing social distancing

NO

Have you had known **NON-CLOSE** contact with a lab-confirmed COVID-19 positive individual?

YES

Watch for symptoms and continue practicing social distancing

*Close contact is 1) being within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period, 2) you provided care at home to someone who is sick with COVID-19, 3) you had direct physical contact with the person (hugged or kissed them), 4) you shared eating or drinking utensils, 5) the person sneezed, coughed, or somehow got respiratory droplets on you.

Close contact with the COVID-19 positive individual must have occurred during the time frame of 2 days prior to the individual's symptom onset and beyond.

COVID-19 EXPOSURE SCENARIOS

If you test positive for COVID-19 or have been exposed to someone who tests positive for COVID-19, you need to know how to proceed. The key in understanding when to isolate or quarantine is defining what “close contact” means as it relates to exposure. If a person has had CLOSE CONTACT with someone who has tested positive for COVID, then the person should quarantine and not come to campus.

What counts as close contact with someone who has tested positive for COVID-19 according to the CDC?

- Being within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (hugged or kissed them)
- You shared eating or drinking utensils
- The person sneezed, coughed, or somehow got respiratory droplets on you

Close contact with the COVID-19 positive individual must have occurred during the time frame of 2 days prior to the individual’s symptom onset and beyond.

EXAMPLES

1. An employee or student had contact with a COVID-19 positive friend, but it was not CLOSE CONTACT.

The employee or student does not need to quarantine nor complete the [MGA Self Report Online Form](#) because there was no CLOSE CONTACT with the COVID-19 positive individual.

Precaution reminders: Stay at least 6 feet from other people and meet others outdoors when possible.

2. An employee tests positive for COVID-19 and was on campus within 2 days of their symptoms.

The COVID-19 positive employee isolates at home, completes the [MGA Self Report Online Form](#) and notifies a supervisor. If employees are able to perform their duties and their position permits teleworking, the employees may be able to telework during the required period of isolation. If employees are ill, then they should take the appropriate leave.

Employees who were in proximity to the COVID-19 positive employee do not quarantine unless they had CLOSE CONTACT with the COVID-19 positive individual.

Precaution reminders: You can spread COVID-19 to others even if you do not feel sick. Wear a mask around others as the mask is meant to protect other people in case you are infected.

3. A commuter student tests positive for COVID-19, but no one in the classroom had CLOSE CONTACT due to the seating being spaced at least 6 feet apart.

COVID-19 positive students should complete the [MGA Self Report Online Form](#), and the team receiving the form will request documentation of a lab-confirmed positive COVID-19 test and notify instructors of that positive test. If students are able to continue with classwork, then they should strive to keep up with assignments/due dates.

Other students and faculty within the class do not quarantine as they did not have CLOSE CONTACT with the COVID-19 positive individual.

Faculty members of COVID-19 positive students should encourage those students to complete the [MGA Self Report Online Form](#) as that internal team will verify a positive COVID-19 test and notify instructors of those with lab-confirmed positive tests. Faculty should work with those students to keep up with their assignments remotely if students are able while in isolation or to allow students to make up assignments at a later date if the students are ill.

Precaution reminders: Upon entering a classroom, be sure to wipe down your desks and work areas and wash your hands often.

4. A residential student leaves campus for the weekend on a Friday and comes down with symptoms on Saturday. A rapid COVID test comes back positive on Sunday.

The COVID-19 positive student isolates at home and does not come to campus during the period of required isolation. Students should notify their [residence hall staff](#) and complete the [MGA Self Report Online Form](#). The team receiving the form will request documentation of a lab-confirmed positive COVID-19 test and notify instructors of that positive test. If students are able to continue with classwork, then they should strive to keep up with assignments/due dates.

The COVID-19 positive student's roommates who share the same room, same suite or same apartment with the student and who had CLOSE CONTACT with that student on Thursday or Friday of that week should quarantine for 14 days from the last date of contact with the COVID-19 positive student. Also, the roommates should complete the [MGA Self Report Online Form](#) as well as be tested for COVID-19. Otherwise, the roommates should closely monitor themselves for COVID-19 symptoms.

Faculty members of COVID-19 positive students should encourage those students to complete the [MGA Self Report Online Form](#) as that internal team will verify a positive COVID-19 test and notify instructors of those with lab-confirmed positive tests. Faculty should work with those students to keep up with their assignments remotely if students are able while in isolation or to allow students to make up assignments at a later date if the students are ill.

Precautions: Clean AND disinfect frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.