

Hearing Protection Quiz

1. Loud noise can permanently damage hearing.

- a. True b. False

2. OSHA requires employers to have Hearing Conservation Plans if 8-hour time-weighted average noise exposures are:

- a. 1000 decibels or more
- b. 105 decibels or more
- c. 85 decibels or more

3. Hearing Conservation Plans must include:

- a. Monitoring workplace noise and testing employee hearing
- b. Removing all noisy equipment from the workplace
- c. Training employees to test their own hearing

4. Employers may try to reduce workplace noise by:

- a. Replacing worn or loose machine parts
- b. Installing sound barriers around noisy equipment
- c. Both a and b

5. Cotton balls in the ears provide the same protection as disposable earplugs.

- a. True b. False

6. Among hearing protection devices, earmuffs provide

- a. The lowest level of protection
- b. The highest level of protection
- c. Protection equal to canal caps

7. Canal caps are:

- a. Soft flexible pads on a headband that cover and seal the ear canal entrance
- b. Another name for earmuffs
- c. Disconnected stereo headsets

8. You shouldn't use earmuffs or canal caps that are:

- a. Uncomfortable
- b. Loose, cracked, or don't seal well
- c. Both a and b

9. You should report signs of possible hearing loss such as:

- a. Wax in the ears
- b. Difficulty understanding rock song lyrics
- c. Noise or ringing in the ears

10. Hearing protection devices should also be worn off the job with noisy power tools, lawn mowers, snowmobiles, etc.

- a. True b. False