

## Athletics & Wellness

Division of the University: Student Affairs

Administrative Unit Assessment Year Reporting: FY22 (July 2021 – June 2022)

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**Department Mission and Goals.** The mission and goals of the department should be consistent over a 5-year period, although some institutional changes may necessitate and prompt a change in mission or goals for specific departments. In this section, you will report the mission statement for your department as well as the long-term goals (5-year range) for the department.

<p>6. What is the mission statement for this department/area? Your mission should explain why the department/area exists and who it serves.</p>	<p>The Department of Athletics, Recreation, and Wellness have common goals of promoting healthy lifestyles, teaching the importance of education and life-long physical activity, and encouraging community. This assessment provides goals and objectives toward these common objectives from separate perspectives. The mission of Athletics is to provide opportunities for students to achieve athletic and academic excellence, experience personal growth and learn the value of leadership.</p> <p>Student Recreation will provide world class facilities and programs that maintain or improve our student's health and wellness by encouraging physical activities that help to teach healthy lifestyles.</p>
<p>7. What are the goals for this department? These should be the "big things" the department/area intends to accomplish within 5 years.</p>	<p>Increase student attendance at all campus athletic events each year of the five year period.</p> <ul style="list-style-type: none"><li>•Meet or exceed a graduation rate of 50%, based on the number of student-athletes in the cohort entering the institution five years earlier.</li><li>•Consistently earn Gold Level recognition in the NAIA Champions of Character program.</li><li>•Support 50% of the scholarship budget from revenue sources external to the University.</li></ul>

•Fully fund the salaries of assistant coaches to the level of our peer group.

RECREATION

- To engage students through diverse opportunities for fitness, recreation, and wellness.
- To develop collaborative partnerships on campus and off campus.
- To provide opportunities for developing leadership skills through participation in group fitness, intramural sports, and clubs.
- To promote opportunities for civic engagement and service learning for club sports.

## Objectives

**Each year, every department should identify objectives the department hopes to accomplish in the next year. These should align with departmental goals and the MGA strategic plan. In the next section you will be reporting on the objectives you set and whether or not you achieved them in FY22. Later in the document you will report on objectives you hope to accomplish in the coming fiscal year, FY23.**

### Objective 1

8. Objective 1: What was this department's first objective for this fiscal year? Objectives should be specific, measurable, and achievable within one year.	The composite GPA for all student-athletes will be 3.0 or greater
9. Objective 1: Detail specifically how your department measured this objective? (Survey, budget number, number of participants, jobs completed, measurable time and/or effort)	By the calculation of the overall GPA of all student-athletes who were included on squad lists of all ten MGA intercollegiate teams for AY22.
10. Objective 1: What was your target outcome for this objective? (1.e. 80% participation, 5% enrollment growth, 7% change in engagement)	A cumulative grade point average of 3.0 or above for all student-athletes who practiced or competed on any NAIA-sponsored team during the 21-22 academic year.
11. Objective 1: Provide details for your target performance level established (i.e., accreditation requirement, past performance data, peer program review, etc.)	A cumulative GPA of 3.0 was achieved.
12. Objective 1: At what level did the department/area achieve on this objective? (This should be a number, i.e., 82%, 6%, 345 attendees, 75% engagement)	100%
13. Objective 1: Did your department meet this objective?	The department met this objective.
14. Objective 1: Improvement Plans and Evidence of changes based on an analysis of the results: What did your department learn from working toward this objective? What changes will you make based on this effort next year?	The emphasis on academic achievement is important and must be continuous. The department has increased interaction with Student Support Services and the Early Alert system to identify and work to address academic issues.

## Objective 2

<p>15. Objective 2: What was this department's second objective for this fiscal year? Objectives should be specific, measurable, and achievable within one year.</p>	<p>The year-to-year retention rate for all student-athletes will be 55% or greater. (This goal would be set at a higher percentage, however, continuing effects of the pandemic may still effect this area.)</p>
<p>16. Objective 2: Detail specifically how your department measured this objective? (Survey, budget number, number of participants, jobs completed, measurable time and/or effort)</p>	<p>Calculation of the ratio of student-athletes who were listed on team rosters in AY 22 when compared to the same population for AY21, adjusted for graduation.</p>
<p>17. Objective 2: What was your target outcome for this objective? (i.e. 80% participation, 5% enrollment growth, 7% change in engagement)</p>	<p>The target outcome for this objective is no less than 55% of non-graduating student-athletes will return to their teams in AY22.</p>
<p>18. Objective 2: Provide details for your target performance level established (i.e., accreditation requirement, past performance data, peer program review, etc.)</p>	<p>In 2020-2021 there were 187 SA's. Of those who did not return, 23 graduated and 82 did not graduate. After adjusting for graduates, 81 did not return and 83 returned in 2021-2022.</p>
<p>19. Objective 2: At what level did the department/area achieve on this objective? (This should be a number, i.e., 82%, 6%, 345 attendees, 75% engagement)</p>	<p>50%</p>
<p>20. Objective 2: Did your department meet this objective?</p>	<p>The department did not meet this objective.</p>
<p>21. Objective 2: Improvement Plans and Evidence of changes based on an analysis of the results: What did your department learn from working toward this objective? What changes will you make based on this effort next year?</p>	<p>There are number of factors that affect retention beyond those that are academically-related. Coaches and staff must to involved and supportive in a holistic way to address these influences. The department has strengthened the relationship with Institutional Learning Support to improve the registration procedures for student-athletes. This will aid them in following their curriculum and course of study tracks, improve course selection, and aid the students in taking courses specific to their majors and area of interest.</p>

### Objective 3

<p>22. Objective 3: What was this department's third objective for this fiscal year? Objectives should be specific, measurable, and achievable within one year.</p>	<p>Athletics will develop and/or standardize procedures for athletic financial aid, tuition remission waivers, and game operations in order to become more efficient and professional.</p>
<p>23. Objective 3: Detail how your department measured this objective? (Survey, budget number, number of participants, jobs completed, measurable time and/or effort)</p>	<p>This objective will be measured by the number and effectiveness of the policies listed.</p>
<p>24. Objective 3: What was your target outcome for this objective? (i.e. 80% participation, 5% enrollment growth, 7% change in engagement)</p>	<p>The target outcome is that policies will be written, reviewed, approved by the staff and made part of the athletic department manual as standard procedures.</p>
<p>25. Objective 4: Provide details for your target performance level established (i.e., accreditation requirement, past performance data, peer program review, etc.)</p>	<p>The target performance level will be established FY23.</p>
<p>26. Objective 2: At what level did the department/area achieve on this objective? (This should be a number, i.e., 82%, 6%, 345 attendees, 75% engagement)</p>	<p>0%</p>
<p>27. Objective 2: Did your department meet this objective?</p>	<p>The department did not meet this objective.</p>
<p>28. Objective 2: Improvement Plans and Evidence of changes based on an analysis of the results: What did your department learn from working toward this objective? What changes will you make based on this effort next year?</p>	<p>Continued efforts will be made to review existing policies and develop other policies where and when necessary.</p>

## Objective 4

<p>29. Objective 4: What was this department's fourth objective for this fiscal year? Objectives should be specific, measurable, and achievable within one year.</p>	<p>The Recreation and Wellness Department will increase overall participation numbers by 5% as measured by participation attendance.</p>
<p>30. Objective 4: Detail how your department measured this objective? (Survey, budget number, number of participants, jobs completed, measurable time and/or effort)</p>	<p>Actual participation as measured by Wellness Center visits recorded in AY21 and AY22.</p>
<p>31. Objective 4: What was your target outcome for this objective? (i.e. 80% participation, 5% enrollment growth, 7% change in engagement)</p>	<p>An increase in Center visits of 5% overall.</p>
<p>32. Objective 4: Provide details for your target performance level established (i.e., accreditation requirement, past performance data, peer program review, etc.)</p>	<p>Both centers together totaled 65,921 visitors.</p>
<p>33. Objective 4: At what level did the department/area achieve on this objective? (This should be a number, i.e., 82%, 6%, 345 attendees, 75% engagement)</p>	<p>100%</p>
<p>34. Objective 4: Did your department meet this objective?</p>	<p>The department met this objective.</p>
<p>35. Objective 4: Improvement Plans and Evidence of changes based on an analysis of the results: What did your department learn from working toward this objective? What changes will you make based on this effort next year?</p>	<p>The rec department learned that giving more offerings will bring a variety of patrons to the recreation center. Based on this, next year both centers will work closer together to offer the same classes/experiences to increase the number of total visitors.</p>

**Future Plans**

<p>36. Please identify and detail three to four measurable objectives for the next fiscal year. In listing the objectives, please use the format shown in these examples. 1) The Department of X will improve services levels by 5% as measured by our satisfaction survey. 2) The department of X will provide training in ABC for at least 73 MGA faculty and staff.</p>	<p>The department of recreation will offer more classes/personal hours to increase community engagement by 5%. The department of Athletics will provide training on identifying mental health issues in athletes. 100% of the coaching staff will be trained. The Athletic department will improve data collection of events via presence by 20%.</p>
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**Open Box for Assessment Comments**

<p>37. In this field, please document the overall use of assessment results for continuous improvement of this department area (consider the past, present, and future and specifically address these in your narrative).</p>	<p>The overall use of assessment results are to build upon previous goals to improve the recreation and athletic department going forward. By looking back at years past, I can clearly see where we were not able to improve in certain areas. This helps improving on expectations and goals to set for the future.</p>
<p>38. Optional Open Text Box for Assessment Comments:</p>	
<p>42. If the COVID-19 pandemic impacted this assessment cycle, please provide specific details below.</p>	<p>COVID did not effect this assessment cycle.</p>

**MGA’s Strategic Plan**

<p>39. Based on your goals and objectives listed above please indicate their connection with MGA's Strategic Plan (<a href="https://www.mga.edu/about/docs/Strategic_Plan_Overall_DB.pdf">https://www.mga.edu/about/docs/Strategic_Plan_Overall_DB.pdf</a>) by checking all associated and relevant Imperatives / Strategies from the list below. (Check all the apply)</p>	<p>Own Student Success 4. Expand student engagement and experiential learning</p>
<p>40. Please indicate which of the following actions you have taken because of the 2021/2022 Assessment Cycle (Note: These actions are documented in reports, memos, emails, meeting minutes, or other directives within the reporting area) (Check all the apply)</p>	<p>Disseminating/Discussing Assessment Results/Feedback to Appropriate Members of the Campus Community, Disseminating/Discussing Assessment Results/Feedback to Appropriate External Stakeholders</p>

**Other**

41. Please indicate (if appropriate) any local, state, or national initiatives (academic or otherwise) that are influential in the operations, or goals, and objectives of your unit. (Complete College Georgia, USG High Impact Practice Initiative, LEAP, USG Momentum Year, Low-Cost No-Cost Books, etc.)	
43. Mindset Update (Academic Deans ONLY)	